

Paula Zariņa - Zēmane

b. 1988, LV

www.paulazarina.com

In his novel *The Unbearable Lightness of Being* (1984) a Czech- born French writer Milan Kundera asks: "But is heaviness truly deplorable and lightness splendid? The heaviest of burdens crushes us, we sink beneath it, it pins us to the ground. But in the love poetry of every age, the woman longs to be weighed down by the man's body. The heaviest of burdens is therefore simultaneously an image of life's most intense fulfillment. The heavier the burden, the closer our lives come to the earth, the more real and truthful they become." Paula Zariņa-Zēmane's works are playing between the big opposites - heavy and light, dark and bright, peace and movement. A balance point appears to break the excess realities. A place with no time, no past no future, a place with no beginning and no ending.

"The most beautiful moment 1" with the bird of fortuity symbolizes the moment of acceptance, the beauty of the unknown and the magical coincidences.

Education:

2011- 2013 Art Academy of Latvia, Master of Arts degree in the Humanities, Painting department

2009 - Ecole superieure d'art de Lorient, France

2007 - 2011 Art Academy of Latvia, Bachelor of Arts degree in the Humanities, Painting department

1995 - 2007 Riga French Lyceum

Solo Shows:

2017 The Still Point of the Turning World, ARSENĀLS Exhibition Hall of the Latvian National Museum of Art / Creative Studio, Riga, Latvia

2015 Awarenesses, gallery Maksla XO, Riga, Latvia

2015 The Great Coexistence, Fund's "Art Needs Space" (Mākslai Vajag Telpu) summerhouse gallery, Riga, Latvia

2015 Episodes, Liepaja's Museum, Liepaja, Latvia

2015 Awarenesses, Mark Rothko Art center, Daugavpils, Latvia

2013 Hormone of Happiness, gallery Māksla XO, Riga, Latvia

Selected Group Exhibitions:

2016 Contemporary Landscape, Old Brewery, Cēsis, Latvia

2016 Tension The Young in Latvian Painting III, Latvian National Museum of Art, the Arsenal Exhibition Hall, Riga, Latvia

2015 Positions Berlin 2015 art fair, represented by gallery Māksla XO, Berlin, Germany

2015 Imago Mundi - Luciano Benetton Collection, Fondazione Cini, Isola di San Giorgio Maggiore, Venēcija, Itālija

2015 Captive Beauty in Miniature, gallery Māksla XO, Riga, Latvia

2013 Myths and Legends of Eastern Europe part 2, gallery LWW, The Netherlands, Amsterdam

2013 Pink, gallery Maksla XO, Riga, Latvia

2012 JAUNUMS! Fresh Latvian Painting, Tartu Art house, Estonia

2012 fashion and painting exhibition CABARET, Notting Hill Brasserie, London 2012 MIGRATION - exhibition of students and professors of the Art Academy of Latvia, Permanent Representation of Latvia to the EU, Brussels

2012 Painting studios of Art Academy of Latvia, museum of Valmiera, Latvia 2012 International art festival A. Kuindgi memorial, Contemporary Art Center of A. Kuindgi, Art Museum of A. Kuindgi, Gallery Art-Luks, Mariupole, Ukraine 2012 CHA - 2012. Roads & Tracks. Moscow International Art Salon, Moscow, Russia (catalog)

2011 Young People Icons, Gallery Art Promotion02, Germany

2011 Where am I?, The Festival of Winter in Sigulda, Latvia

2010 Urbanchildren. The Young in Latvian Painting II, Latvian National Museum of Art, the Arsenal Exhibition Hall, Riga, Latvia (catalog)

2010 Exhibition of Baltic Fine Art Student and Young Artist Artwork Competition, Gallery GlobalArtRoom, Riga

Other Projects:

2014 Participation in Luciano Benetton project Imago Mundi - Contemporary Artists from Latvia

2014 Participation in drawing and music performance "PoetryButterfly School", directed by Varis Klausitajs

2014 Illustrations for a poem book of Benno Poplianski

2013 Visual design (11 paintings) for the music album of the band "The Sound Poets"

Residencies:

2014 Cité International des Arts, Paris, France

Scholarships:

2011 Ludolfs Liberts's Fund Stipendium for excellent success in artistic education and creative work.